

## The University of Iowa Student Help Card

Challenge	Assistance	Phone # *24 Hours
<b>Emergencies</b> Immediate Life Threatening or Medical <b>All Others</b>	UI Public Safety	911*  335-5022*
<b>Victim Assistance</b>	UI Public Safety WRAC (Women's Center) * Crisis Center Rape Crisis Line (RVAP)  Domestic Violence/Intervention  Office of Equal Opportunity and Diversity	335-5022* 335-1486 351-0140* 335-6000* or 1-800-284-7821*  351-1043 or 1-800-373-1043 335-0705
<b>Personal Problems</b> Stress, Substance Abuse, Emotional Difficulties  Alcohol and substance abuse	University Counseling Services  Student Health Service	335-7294  335-8370
<b>Work-Related Problems/Conflicts/Consultations</b>	Ombudsperson Student Employment Office of Equal Opportunity and Diversity Dean, Department Heads Ombudsperson Dean of Students	335-3608 335-1460 335-0705  Varies 335-3608 335-3557
<b>Disability Issues &amp; Accommodations</b>	Student Disability Services	335-1462
<b>Emergency Notification</b> Notify to leave the UI quickly because of an emergency crisis – to notify your faculty of temporary absence or to withdraw.	Registrar	335-0238