



Weight Watchers® TurnAround™

Lose weight while you work! Join a University of Iowa Weight Watchers group at one of these locations for your convenience:

- Oakdale Hall
- East Campus—Pomerantz Center
- UIHC—Braley Auditorium

If you have questions about the Weight Watchers groups at The University, visit the UI Wellness Home Page or email megan-moeller@uiowa.edu.



Summer/Fall 2008 Series—Open Houses

Attend an Open House Meeting at the following times and locations; payment is due at this time if you plan to join.

- Monday, June 23 and July 7
Oakdale Hall Auditorium 11:45 am
- Tuesday, June 10 and June 17
Pomerantz Center C230 (East Campus) 12:15 pm
- Wednesday, June 18 and 25
UIHC Braley Auditorium (LL, Pomerantz Family Pavilion) 12:15

Payment Information

17-week series is \$186 or three payments of \$62. Check or major credit card is accepted. No registration fee.

You can join a Weight Watchers group at anytime, series fees will be pro-rated.

What you Get

- Registration Packet
- 17-weeks of group meetings/weigh-in at UI or other community meeting
- Free e-tools (\$45 Value)
- Series doesn't end until November

Other Information

No classes the week of July 4 or Labor Day.

Locations and times are the same as the Open House Meeting.

Regular updates at www.uiowa.edu/hr/wellness/programs/ww.html.

Monday Instructor: Rebecca Jones

Tuesday/Wednesday Instructor: Sara Steele

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