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UI SPEAKS



University of Iowa Summer Program to Educate Adults and Kids Who Stutter *

** For teens who stutter, simply a terrific way to spend their summer vacations*

What is UI SPEAKS?

A week-long residential program for teenagers who stutter.

When is it?

June 7 – 13, 2009.

Where is it held?

The Wendell Johnson Speech and Hearing Clinic at The University of Iowa in Iowa City.

Who is UI SPEAKS for?

Teens between 13-18 years. Our goal for the week is to help teens who stutter to:

- Explore what stuttering *is*, and what it *is not*
- Become aware of their own unique way of stuttering
- Make decisions about what changes they would like to make in either speaking *or* stuttering, *or both*
- Problem-solve *how* to make these changes
- Practice, practice, practice
- Develop a plan for future therapy *AND*....
- Be in charge of the plan!



Our program is designed to give teenagers who stutter a safe and supportive place in which to “let stuttering out.” By doing this, we help them to study their stuttering so we can guide them in making decisions about how they want to manage their speech. We accomplish this through an intensive therapy format that includes five hours of daily individual and group therapy, including numerous opportunities to practice specific speech “tools” in various situations in and outside of the clinic.

Our goal is to help teens to develop *their own policies* about speaking and stuttering, including: what changes they want to make and how they will do it; how they will manage the social and emotional challenges they may face related to stuttering and being a person who stutters, and what they want their speech-language pathologists and parents to do to help, and *how to ask for it!*

What is the fee?

\$600.00 includes room, board, therapy and all recreational fees. Sliding fee scale is available upon request.

How do I find out more about UI SPEAKS?

For more information, or to request an application, contact:

Patricia M. Zebrowski, Ph.D.

Department of Speech Pathology and Audiology

The University of Iowa

Phone 319.335.8735

Email tricia-zebrowski@uiowa.edu

Deadline: April 15. Applications are also available online at www.uiowa.edu/~comsci. Take the “Clinical Services” link.

Sponsored by the Department of Communication Sciences & Disorders

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