

# Sport Studies Track

Selective Admission Application Required

Undergraduate Degree: B.A. Health and Sport Studies

## Department of Health and Sport Studies (HSS)

E102 Field House

College of Liberal Arts and Sciences

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**Sport Studies Track**  
**Department of Health and Sport Studies**  
**College of Liberal Arts and Sciences**  
**The University of Iowa**

The Sport Studies track is for students who want to explore the cultural meanings of sport in historical and contemporary settings. This coursework helps students develop the critical skills crucial to understanding the cultural significance of sport and sport's relationship to other social institutions such as the economy, politics, the media, the family and the educational system. Race, class, and gender differences in the sport experience are central to the curriculum.

Many students use their experience in this track to prepare for graduate school. For others, the required Secondary Area serves as an introduction to careers in a number of fields such as sport management, sport journalism, and coaching. More specific information about these options can be obtained in the department office, E102 FH.

Visit <http://www.uiowa.edu/~hss/undergrad/undergraduate.html> for more information on the sport studies track.

## **Sport Studies Track Curriculum Requirements**

### **I. HSS Foundation (9 s.h.)**

- 028:036 Physical Activity Through the Life Span (3 s.h.)
- 028:074 Inequality in Sport (3 s.h.)
- 028:076 Psychological Aspects of Sport and Physical Activity (3 s.h.)

### **II. Sport Studies Core Courses (12 s.h.)**

Students must complete one course from each of the four areas for a total of 12 semester hours. 028:074 Inequality in Sport is a prerequisite for any of the Sport Studies Core Courses.

#### **Diversity in Sport**

- 028:078 Women, Sport and Culture (3 s.h.)
- OR
- 028:079 Race and Ethnicity in Sport (3 s.h.)

#### **International Dimensions**

- 028:072 The Olympics (3 s.h.)
- OR
- 028:176 Sport and Nationalism (3 s.h.)
- OR
- 028:177 Western World Sport: Greeks to Present (3 s.h.)

#### **Contemporary Sport**

- 028:175 Sport and the Media (3 s.h.)
- OR
- 028:188 Twentieth Century US Sport (3 s.h.)

#### **History of Sport and Leisure in the US**

- 028:178 Sport in the US to 1900 (3 s.h.)
- OR
- 028:179 The American Vacation (3 s.h.)

### **III. Sport Studies Guided Electives (9 s.h.)**

Students must complete 9 s.h. in additional 028:xxx courses. The following, and any courses not taken in the four Sport Studies Core Course areas, are suggested:

#### **Guided Elective Courses**

- 028:077 Understanding Peak Performance (3 s.h.)
- 028:143 Communicating Health and Physical Activity (3 s.h.)
- 028:147 Promoting Health Globally (2 s.h.)
- 028:174 Stress Management (3 s.h.)
- 028:180 Theory and Ethics of Coaching (3 s.h.)
- 028:193 Independent Study (1-3 s.h.) (arr)
- 028:194 Honors Readings (1-2 s.h.) (arr.)
- 028:195 Honors Problems (3-4 s.h.) (arr.)

### **IV. Internship Options**

Students may earn an additional 6 s.h. of credit for an approved internship experience (028:191). Students must be advanced in the major before they may undertake an internship. This includes having completed the Sport Studies foundation and core courses, at least 15 s.h. in one's Secondary Area, and 028:190 Pre-internship Seminar.

### **V. Secondary Area (15 s.h.)**

The Secondary Area may be in any area, program or department outside HSS, but it must be approved by the student's advisor. Of the 15 s.h. in the Secondary Area, 6 s.h. must be in 100-level courses designated by the offering unit as carrying advance-level standing. No courses in the Secondary Area may be taken Pass/No pass. Students may elect to satisfy this requirement by fulfilling a minor in another department. It is the student's responsibility to insure that the specific courses set by that department are satisfied.

Secondary Area specializations in three popular areas – sport management, sport journalism, and coaching – have been designed by the department. For more specific information about these options, pick up the appropriate curriculum sheet from the department office, E102 FH.

### **VI. Honors Study**

The Department of Health and Sport Studies is committed to providing students with a challenging and vibrant Honors Program. Honors Program students go beyond the basic degree requirements to demonstrate advanced understanding and skill-development. To learn more about graduating with Honors in Health and Sport Studies, visit <http://www.uiowa.edu/~hss/undergrad/honors.html>.

## **Selective Admission to the Sport Studies Track**

Students entering or declaring the major after August, 2007 must apply for admission and meet the admission criteria. Students must satisfy the following admission criteria:

- Completion of 24 s.h. coursework including at least 12 s.h. at the University of Iowa
- 1-2 page personal statement typed, double spaced detailing the candidate's interest in the Sport Studies Track and the Health and Sport Studies major
- Satisfactory performance in 028:074 Inequality in Sport
- Minimum overall GPA of 2.5 and minimum UI GPA of 2.5. (Students with a GPA of 2.8 or above who meet all other criteria will be admitted to this major. However, completion of the application process is still necessary.)

Students who believe they qualify for an exceptional admission should submit all application materials and a written appeal and any supporting documentation or evidence deemed relevant for making a valid judgment on admission into the sport studies track.

The admission form is available at the HSS Office, E102 Field House and at <http://www.uiowa.edu/~hss/undergrad/undergraduate.html>. This form must be submitted for consideration to the Director of Undergraduate Studies (102 E FH) by October 15 for spring admission and by March 15 for fall admission.

Until admitted, students may declare a "Sport Studies Interest." This designation will allow the university to assign academic advisors in this area of specialty.

**Four Year Graduation Plan**

The Four-Year Graduation Plan is not available for the B.A. in Health and Sport Studies. Students are encouraged to work with their advisors to develop an individual graduation plan.