

INDICATORS FOR PROGRESS IN THE SUBSTANCE ABUSE RECOVERY PROCESS: ZERO TO THREE MONTHS				
0-3 Months	Poor Progress	Some Progress	Moderate Process	Substantial Progress
Substance Abuse Treatment	Parent remains in denial of substance abuse/addiction and has not completed substance abuse screen	Reduction of initial resistance and defensiveness. ↓ Completed Adult Substance Abuse Screen. ↓ Parent has completed substance abuse assessment and has accepted treatment referral ↓ Parent has entered substance abuse treatment. ↓ Sporadic attendance in substance abuse treatment.	Attendance in substance abuse treatment becomes more consistent Improvements in personal hygiene	Regular attendance in substance abuse treatment ↓ Parent has accepted the negative consequences of substance abuse. ↓ Parent is thinking more clearly and is able to verbalize consequences of continued substance abuse. ↓ If applicable, parent has participated in collaborative service planning meeting with child welfare worker and substance <u>abuse</u> treatment worker. If parent is ready for discharge: Parent has developed relapse prevention plan. Parent has developed aftercare plans. If parent has been discharged: Parent is attending after care services at a treatment facility and or attending self help or community support groups
Substance Abuse Education	Parent remains in denial of substance abuse and has not entered treatment / substance abuse education classes.	Parent has recently entered substance abuse treatment and substance abuse education classes.	Attending substance abuse education classes on addiction and recovery. Acknowledges need for insight into personal addiction.	Parent is receiving or has completed substance abuse education classes. Has gained insight into personal addiction. Parent is able to discuss the impact of substance abuse on parenting behaviors.
Participation in Recovery Support Systems	No current participation in recovery support groups	Has received education on 12 Step / Recovery Support Group Meetings	Has mapped out 12 Step (AA/CA/NA) or community recovery support group	Has attended a 12 Step / Support Group at the treatment program. ♦ <i>All clients are not ready to participate in 12 Step / Support Groups during the early months of treatment / recovery</i>
Abstinence	Actively abusing drugs	Parent has decreased substance abuse. ↓ Parent is able to self-report relapse.	Fewer episodes of relapse and is able to discuss triggers.	Parent has developed a specific relapse prevention plan. Parent <i>may</i> have achieved abstinence.
Other Service Plan Provision Compliance	Parent is non-compliant with service plan: ♦ Visiting with workers ♦ Other assessments	Parent is inconsistent in meeting service plan conditions.	Parent is consistently working on service plan conditions.	Parent is currently in compliance with service plan conditions.
Visiting	Parent does not visit child(ren).	Parent inconsistently visits child(ren).	Parent consistently visits child(ren).	Parent consistently visits child(ren).
Parental Skills / Parental Functioning	A parent who retains custody of the child must follow a child safety plan but may not acknowledge the impact of substance abuse on parenting.			Parent may begin to identify the impact of substance abuse on parenting.

INDICATORS FOR PROGRESS IN THE SUBSTANCE ABUSE RECOVERY PROCESS: THREE TO SIX MONTHS

3-6 Months	Poor Progress	Some Progress	Moderate Process	Substantial Progress
Substance Abuse Treatment	No current participation in substance abuse treatment Parent may have initially engaged in treatment but left against staff advise.	Parent is inconsistent in attending substance abuse treatment ↓ Within this time frame the parent could become more consistent. Improvements in personal hygiene.	Parent's continued progress is demonstrated in: ♦ Consistent attendance ♦ Ability to identify triggers ♦ Self-report of drug-free time, meeting attendance, and certificates of achievements. ♦ Improvement in personal hygiene and self esteem Greater insight into substance abuse / addiction ♦ Developed a specific relapse prevention plan.	Parent's attendance in substance abuse treatment is consistent and has demonstrated compliance with treatment plan and is preparing for discharge. Developing and discussing aftercare plans with treatment provider (may occur at this time due to extended length of stay or residential treatment.) <hr/> <i>If parent has been discharged:</i> Parent is consistently participating in after care services and working with a specific relapse prevention plan.
Participation in Recovery Support Systems	No current participation in recovery support groups.	Attends initial recovery support meeting (AA/CA/NA) or initial community support group	Increased attendance in AA/CA/NA meetings or support group meetings. Working on Steps 1 & 2 of the 12 Steps of AA/NA; parent is able to discuss the process of recovery. Parent is letting go of relationships with substance abusers and developing sober friendships.	Regular attendance in self-help meetings. ↓ Developing relationships with recovering role models/mentors. ↓ Parent has chosen 12 Step Sponsor or community support person. ↓ Increasing involvement in drug free activities, recovery support systems, sober relationships, and/or community activities.
Abstinence	Parent is currently abusing drugs	Parent is able to self report relapse. Fewer episodes of relapse and the parent is able to discuss triggers.	Parent has recently achieve abstinence (At least 30 days)	Parent has achieved a sustained period of abstinence.
Service Plan Compliance	Parent is non-compliant with service plan: ♦ Visiting with worker ♦ Other assessments	Parent is inconsistent in meeting service plan conditions.	Parent is consistently working on service plan conditions.	Parent is currently in compliance with service plan conditions.
Visiting	Parent inconsistently visits with child(ren).	Parent is consistent in visits with child(ren).	Parent demonstrates increased parenting responsibility during visits.	Parent demonstrates increased parenting responsibility during visits.
Parental Skills / Parental Functioning	Parent is unwilling or unable to acknowledge impact of drug use on parenting.	Parent begins to acknowledge the impact of drug use on parenting.	Parent acknowledges impact of drug use on parenting and identifying parenting deficits.	Parent is able to identify parenting deficits and strengths. Parent is developing parenting goals.

INDICATORS FOR PROGRESS IN THE SUBSTANCE ABUSE RECOVERY PROCESS: SIX TO NINE MONTHS

6-9 Months	Poor Progress	Some Progress	Moderate Process	Substantial Progress
Substance Abuse Treatment	Currently not participating in substance abuse treatment (parent left treatment).	<p>Parent is more consistent in attendance.</p> <p>Parent is able to identify triggers.</p> <p>Self-report of drug free time, meeting attendance, and certificates of achievements.</p> <p>Continued improvement in personal hygiene and self-esteem.</p> <p>Parent has gained greater insight into substance abuse / addiction.</p>	<p>Consistent attendance in substance abuse treatment; has demonstrated compliance with treatment plan.</p> <p>Verbalizes a greater awareness of intense emotions and triggers.</p> <p>Uses new coping skills learned in substance abuse treatment or 12 Step support groups.</p> <p>Has developed a specific relapse prevention plan.</p> <p>Developing / discussing aftercare plans with treatment provider (may occur at this time due to extended length of stay or residential treatment).</p>	<p>Regular attendance in formal substance abuse treatment.</p> <p>Parent has entered after care services.</p> <p>Parent consistent in follow through with after care services.</p> <p>Parent is consistently working on relapse prevention plans.</p>
Participation in Recovery Support Systems	No current participation in recovery support group.	<p>Attends 12 Step recovery support meeting or community support groups.</p> <p align="center">↓</p> <p>Has increased participation in self-help meetings or community recovery support groups.</p> <p align="center">↓</p> <p>Has chosen sponsor.</p>	<p>Consistently working on the 12 Steps program with sponsor / consistently attending community support.</p> <p>Actively working on relapse prevention with after care provider, sponsor or recovery support person.</p>	<p>Parent is consistently working 12 Step Program, attending self-help meetings, and maintaining contact with sponsor.</p> <p align="center">↓</p> <p>Parent is applying Steps 1-3 in daily life (AA/CA/NA).</p> <p align="center">↓</p> <p>Parent is discussing long-term goals and setting time frames with support persons.</p>
Abstinence	Parent is currently abusing drugs	<p>Parent has decreased substance abuse and self-reports relapse.</p> <p>Has fewer episodes of relapse and has developed a specific relapse prevention plan.</p>	<p>Parent has recently achieved abstinence.</p> <p>Parent has sustained periods of abstinence.</p>	Parent continues to maintain abstinence.
Service Plan Compliance	Parent is non-compliant with service plan.	Parent is inconsistent in meeting service plan conditions.	Parent is consistently working on service plan conditions.	Parent is currently in compliance with service plan conditions.
Visiting	Parent inconsistently visits with child(ren).	Parent is consistent in visits with child(ren).	Consistently visiting child(ren) and demonstrating increased parenting responsibility during visits (if applies).	Parent consistently visiting child(ren) and demonstrating increased parenting responsibility during visits (if applicable).
Parental Skills / Parental Functioning	Parent is unwilling or unable to acknowledge impact of drug use on parenting.	<p>Parent begins to acknowledge the impact of drug use on parenting.</p> <p align="center">↓</p> <p>Acknowledges the impact of drug use on parenting.</p>	<p>Parent identifies parenting deficits and strengths and sets parenting goals</p> <p>Parent is working on parenting goals</p>	<p>Parent is working on parenting goals.</p> <p align="center">↓</p> <p>Parent is achieving one or more parenting goal(s).</p>

INDICATORS FOR PROGRESS IN THE SUBSTANCE ABUSE RECOVERY PROCESS: NINE TO TWELVE MONTHS

9-12 Months	Poor Progress	Some To Moderate Progress	Substantial Progress
Participation in Recovery Support Systems	Parent does not currently participate in mutual help / recovery support groups. Parent is not actively engaged with a sponsor	Parent has increased participation in mutual help/recovery support groups. ↓ Has chosen sponsor ↓ Has made more consistent contact with sponsor. ↓ Works on the 12 Steps program with sponsor. ↓ Actively works on relapse prevention with after care provider, sponsor or recovery support person.	Parent consistently participates in mutual help meetings/recovery support groups. ↓ Consistently working on the 12 Step program with sponsor or with a community support person. ↓ Parent is engaged in sober relationships and activities. ↓ Has accepted the maintenance phase of recovery is a lifelong responsibility.
Abstinence	Parent is currently abusing drugs	Has fewer episodes of relapse and has developed a specific relapse prevention plan. ↓ Parent has recently achieved abstinence.	Parent has sustained periods of abstinence. ↓ Parent continues to maintain abstinence.
Service Plan Compliance	Parent is non-compliant with service plan.	Parent is inconsistent in meeting service plan conditions; i.e., attending parent training, counseling, keeping assessment appointments.	Parent is consistently working on service plan conditions.
Visiting	Parent inconsistently visits with child(ren).	Parent consistently visits child(ren).	Parent demonstrates increased parenting responsibility during visits (if applicable).
Parental Skills / Parental Functioning	Parent is unwilling or unable to acknowledge impact of drug use on parenting. ↓ Parent beginning to acknowledge the impact of drug use on parenting.	Parent acknowledges the impact of drug use on parenting. ↓ Parent identifies parenting deficits and strengths and sets parenting goals. ↓ Parent is working on parenting goals. ↓ Parent is demonstrating improved parental functioning.	Parent maintains improved parenting functioning and continuing to work on parenting goals.
Interpersonal Relationships	No attempts to address interpersonal conflicts with family members.	Minimal attempts to address interpersonal conflicts with family members.	Parent is actively addressing interpersonal conflicts with family members.
Skill Building	No participation in skill building training.	Parent has entered skill building training.	Parent consistently participates in skill building training.