

Measles, Mumps, Rubella (MMR) Immunization Policy

THE UNIVERSITY OF IOWA

Immunization to measles, mumps, and rubella (MMR) is a requirement for registration. To comply, complete the immunization section (parts “F-1” and “G”) of the enclosed Medical History form and return it to the University Student Health Service (or forward a signed photocopy of your immunization record) by the opening of classes. Students who do not comply by that date will not be permitted to register for subsequent sessions.

The MMR immunization requirement is fulfilled if you meet one of the following criteria:

- were born before 1957; or
- received two doses of MMR vaccine. The first must be after your 1st birthday and in 1969 or after.

The second is usually given at 4-6 years of age but must be at least 28 days after your first immunization. (Note: For a fee, you may get your vaccination at the Student Health Service.)

Exemption from immunization will be permitted for the following persons:

- those for whom immunization is contraindicated. (Contraindications include severe allergy to eggs or a drug called neomycin; presence of cancer, leukemia, or lymphoma; presence of chronic disease which lowers your resistance to infection; taking cortisone, prednisone, or anticancer drugs; or having received gamma globulin within the preceding three months. A physician must validate any contraindication.);
- women who know or suspect they are pregnant;
- those seeking exemption because of religious persuasion. (Contact the Student Health Service about the appropriate documentation);
- those who feel they have complied with this requirement by another way, such as titres. Please submit a copy of the results.

Please complete your Medical History form and return it promptly to:

Student Health Service
The University of Iowa
4189 Westlawn
Iowa City IA 52242-1100