



WISE STRESS BUSTER

Decorate Cookies and get a massage!



For more information:
The Shiatsu Clinic and School
1025 North Summit Street
(319)338-4300
shiatsuclinicandschool.com

Sunday Dec. 4th, 2006
2-4 PM in Currier MPR

COOKIES! We will have 40 dozen holiday cookies ready to be decorated by creative WISE Women. Eat a few, keep a few. The rest of our beautifully decorated cookies will be taken to the Iowa City Domestic Violence Shelter to SPREAD THE GOOD CHEER.

For a third year, *Neel House Bakery* is providing cookies at a reduced cost. Thank you *Neel House Bakery!*

MASSAGES! Interns from the Shiatsu School of Massage in Iowa City will provide complimentary massages on a first-come, first-serve basis during this event.



Individuals with disabilities are encouraged to attend all University of Iowa-sponsored events. If you are a person with a disability who requires an accommodation in order to participate, please contact the WISE Office, at least 24 hours in advance, at 319-335-3530.